



CDC Wellness Coordinator JOB POSTING

ABOUT YWCA SASKATOON:

The YWCA Saskatoon is a dynamic team dedicated to positively impacting the lives of women, their families, and the community. YWCA Saskatoon is a vibrant organization providing inclusive community services on Treaty Six territory and the homeland of the Métis peoples since 1910. We look forward to the possibility of you joining our team.

DIVERSITY, EQUITY, & INCLUSION STATEMENT:

At the YWCA Saskatoon, we believe in the importance of diversity, equity, and inclusion. We are dedicated to creating and cultivating an inclusive workspace and workforce that represents the communities we serve. We acknowledge that certain groups have been historically disadvantaged and continue to face barriers in the workforce. In collaboration with the Canadian Employment Equity Act, we have identified the following groups, which have experienced historical and/or current obstacles, as part of our equity priority group:

These include:

- Indigenous peoples
- Persons of colour
- Persons with disabilities
- Women
- 2SLGBTQ+ community
- Newcomers to Saskatchewan

We base our selection process on merit and encourage all diverse groups to participate fully. We acknowledge the barriers that affect equity groups, and we're committed to addressing, mitigating and accommodating these barriers to strive for equity in the workplace.

If at any time during the application and selection process you require accommodation, please email Areesha Kansi at AKansi@ywcaskatoon.com.

POSITION SUMMARY:

The Wellness Coordinator promotes overall health and wellness by planning, preparing, and implementing wellness-focused activities for children and their families. Working alongside educators within the Child Development Centre, this role supports children's physical, social, and emotional well-being through engaging activities, inclusive play, and positive daily interactions. The Wellness Coordinator assists with daily childcare operations of the Centre by helping supervise children during indoor and outdoor play, supporting meal times, and reinforcing safe practices and healthy habits within the program.

POSITION REPORTING:

Reports to the Manager, Child Development Centre

LOCATION:

Child Development Centre – Downtown Wall St. Location.

HOURS OF WORK:

Part-time summer term position; 7.5 hours per week

WHAT WE OFFER:

- Rewarding work; contribute to meaningful change for clients and our community
- An inclusive and supportive team
- Fitness membership at Fitness on 25th and a discounted rate on eligible programs

MAJOR RESPONSIBILITIES:

1. Promote Health and Wellness

- Plan and implement daily physical activity programs that support gross motor development and active play
- Encourage outdoor play and movement-based learning experiences
- Support children's emotional well-being and social development
- Develop and lead wellness initiatives, including movement, mindfulness, and healthy routines

2. Support Daily Childcare Routines

- Help supervise children during both indoor and outdoor play.
- Support smooth transitions between activities and daily routines
- Promote safety, encourage positive social interactions

3. Encourage Healthy Habits

- Model proper handwashing and basic hygiene
- Support healthy meal time routines
- Teach simple wellness concepts, including hydration, nutrition, and sun safety

- Encourage healthy eating habits

4. **Administrative Tasks and Educator Support**

- Keep parents engaged and up-to-date through the bulletin Board, newsletter, resources and announcements.
- Monitor play areas for hazards and report to educators.
- Prepare children's activity calendar
- Perform other related administrative and operational duties as required
- Prepare resources for parents that include simple activities, healthy meal ideas, wellness tips, and other strategies to support parents

QUALIFICATIONS AND EXPERIENCE

- Must be between the ages of 15 to 30 years old. This position is made available through the Canada Summer Jobs Program, which outlines this eligibility requirement;
- Strong understanding of children's development, wellness, and age-appropriate activities;
- Experience working with children is considered an asset;
- Strong communication and teamwork skills;
- Ability to support a safe, inclusive, and respectful environment for children and families;
- Current First-Aid and CPR Certificate;
- Valid Food safety certification;
- Criminal Record Check and Vulnerable Sector Check required.

A full position description can be found at www.ywcasaskatoon.com

APPLICATION METHOD:

Please send a resume with a cover letter by email to careers@ywcasaskatoon.com, attention to Areesha Kansi at AKansi@ywcasaskatoon.com. Applications will be accepted by May 21st, 2026.

We appreciate the interest of all applicants, but only those being interviewed will be contacted.