



Annual Report 2022–23



Many Hearts, One Community

YWCA Saskatoon is a welcoming and vibrant community-based organization that provides preventative and emergent services to women and their families. Since 1910, we have been a place for people to find stability, grow together, overcome personal obstacles, and gain a new respect for their abilities and passion.

Our Mission

Honouring our commitment to women's issues, we provide services, programs and advocacy to advance reconciliation, independence, wellness and equal opportunities.

Vision & Values

Though our facilities, staff, and resources have changed since we began, our vision and our goals have not—and we remain just as committed to them today as we were when our doors opened.

TABLE OF CONTENTS

- 4 Message from Board President & CEO
- **5** Our Leadership Team
- 6 Crisis Shelter and Residence
- 8 Child Development Centre
- 10 Employment and Learning Centre
- 12 Fitness on 25th
- **13** Graham Women of Distinction Awards
- **15** Summarized Financial Results
- **16** Donors

Message from Board President & CEO

Exciting things are happening at YWCA Saskatoon! Over the past year, we have focused on planning for the future as the demand for our supports and services continues to soar. In 2022, we turned away over 4400 women and children from our Crisis Shelter and Residence: these women and children had no safe space to call home. Not only is this statistic heart-wrenching, it also speaks to the significant need in the community. This year, our Board and Leadership team made the decision to address this need and do more for these vulnerable women and children. We have a plan, and it's a big one!

On September 7 of this year, we broke ground on a 35-unit second-stage housing project. This expansion—comprised of a combination of single, 2-bedroom and 3-bedroom units—will house to up 71 women and children, more than doubling our capacity. This project will be rooted in providing housing with wrap-around supports and services to help women move forward into a better tomorrow.

We are incredibly grateful to our funding partners for their contributions to this project. The project was approved under the Government of Canada's CMHC Rapid Housing Initiative—Cities Stream for a \$6.7 million investment, and will be supported by the Province of Saskatchewan through the SCIP program at \$945,000 and another special investment of \$1 million. The City of Saskatoon has come on board with funding of \$670,000, and we are incredibly grateful to the Brownlee Family Foundation for their contribution of \$2 million to the project! The building, constructed by our partners at Big Block Construction, will be complete and at 25% capacity by December 31, 2024.



We have also made the bold decision to launch a \$19 million capital campaign. Working with a volunteer cabinet of 25 passionate women, our goal is to raise the full \$19 million by November 30, 2023. To date, we have raised close to \$13 million of the \$19 million goal! The Hope Lives Here Campaign has 3 priorities:

- 1. Expand the Crisis Shelter & Residence with 35 second-stage units.
- 2. Repair and renovate critical aspects of the current shelter and facility, including addressing a pressing need for a new roof. This will give women a warm, welcoming and safe place to stay in the existing shelter.
- 3. Expand the Employment and Learning Centre, where clients learn critical skills necessary to obtain sustainable employment at no cost to themselves. A main floor area will be repurposed to bring the entire Employment and Learning Centre in-house.

We are hopeful that each of you reading this will consider contributing to the life-changing Hope Lives Here Campaign. For more information visit our website at www.ywcasaskatoon.com/hope.

On behalf of Sandra and myself, I'd like to extend our sincerest gratitude to all of you. To our donors and funders, thank-you for continuing to believe in the work that we do. To the fierce and compassionate women on our Board, thank-you for your service and leadership. To our employees, you are the heart of the YWCA; thank-you for your tireless efforts.

As we enter the new year, let us remeber that the past is a source of knowledge and the future is a source of hope.

Once you choose hope, anything is possible.

Much respect and gratitude,

Cara Bahr
CHIEF EXECUTIVE OFFICER

Sandra Blevins
BOARD PRESIDENT



Leadership Team



Cara Bahr
CHIEF EXECUTIVE
OFFICER



Josh Pion

VP, FINANCE & OPERATIONS



Carla Huntington

VP, DEVELOPMENT &

ENGAGEMENT



Shumi Zaman
DIRECTOR OF EARLY
LEARNING



Kim Fisher

DIRECTOR OF RESIDENTIAL

PROGRAMS



Joanne Fogarty

DIRECTOR OF EMPLOYMENT

AND LEARNING



Rahim Ramji DIRECTOR OF FITNESS

Board of Directors

Sandra Blevins PRESIDENT
Kathleen Crowther VICE-PRESIDENT
Jocelyn Zurakowski TREASURER
Rachael Sutherland SECRETARY
Jodi Manastyrski PAST PRESIDENT

Kathryn Bankowski Michele Bossaer Thérèse Bruyère Breanne Chaben Jeannie Coe Natasha Ford Meghan Johnson Alison Murawsky Kasya Naidu

Crisis Shelter and Residence

The YWCA Crisis Shelter and Residence continues to operate at full capacity. We offer up to 30 days of emergency shelter for women and children in need of a safe place to stay, with staff available 24/7. Our youth residence, Margaret's Place, houses young women aged 16 to 21 and provides support to develop skills that will help them succeed as adults. As well, our transitional housing program, Turning Points is designed for women who are ready to change their lives. It is a one-year housing program that builds the foundation for a better future. The need for our services has never been greater but we look forward to the opportunity to serve more women and children.

This past year provided an amazing opportunity to participate in a Community of Practice on Harm Reduction with Women's Shelters Canada and HIV Legal Network in Toronto. We were able to represent YWCA Saskatoon at a roundtable discussion with shelters across Canada with a goal to improve service delivery and reduce barriers to shelter for those struggling with addictions.

We continue to offer access to Elders, sharing circles and smudging for residents. We welcome and encourage residents to engage in their cultural backgrounds. We are committed to further our reconciliation journey.

This year, the staff of our transitional housing program participated in a community of practice with the Quality council to develop a case management tool for our programs. This will better assist clients for goal focused outcomes and our learnings have strengthened case management skills.

We partnered with Service Hospitality to undergo a safety audit for our organization. The purpose is to take a critical review of our physical and psychological safety factors and make improvements to our practices. We received recommendations and implemented training sessions for staff and leadership as a result. Our goal is to ensure safety is top priority for both staff and clients.

As the number of people unhoused in our community continues to rise, we are moving work forward on the upcoming expansion and planning for operations of transitional housing involving staff and those with lived experience.



This past year we served:

305 Adults

4 Seniors

85 Children Age 0-6

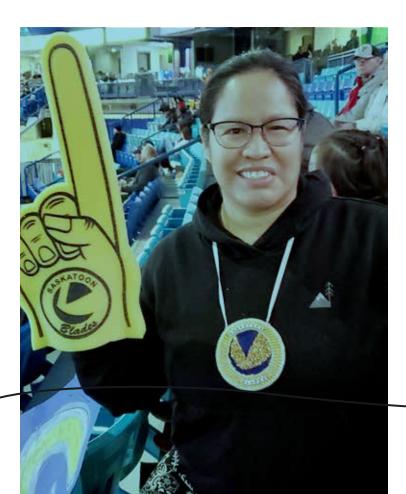
82 Children Age 7-18

476 TOTAL SERVED

(78 Families)

We were unable to house 4,404

Outreach 525









Margaret's Place

We had a youth who was 15 when she moved into the Program. At that time this youth was not connecting with Youth Workers at all. She would spend most of her nights at her boyfriend's place. In one month, this youth spent only 3 nights in. As a result of that, a meeting with the social worker was scheduled and it was decided that this youth did not need this placement. Few months later we received a referral for the same youth. We connected with the youth and decided to give her the second chance. On July 4th she moved in again. Since then, we have seen great growth within this youth. She has come out of her shell. She participates in Programing and is great support and friend to other youth in the Program. She also helps clean the apartment and her room is always tidy and clean. This youth will maybe take a few nights out

in a month but will always communicate with night staff about her whereabouts. Furthermore, she has recognized on her own that she needs medication to help with her ADHD so that she can focus on school now in September. We are very proud of this youth as well as the progress she has made.

Working with the youth it is important to remember that we, as youth workers, cannot make changes for them, but we can be there for them when they are ready to start making changes.



Child Development Centre

YWCA Child Development Centre is committed to offering a safe, nurturing, and inclusive environment for children to learn, grow and develop to their full potential. We offer childcare services to children ages 18 month to 6 years of age, offering age-appropriate programing and activities to meet their individual needs. The Centre recognizes the importance of diversity and inclusion, we strive to create an inclusive environment where children from all backgrounds can thrive and develop a sense of belonging. The YWCA Child Development Centre plays a crucial role in supporting families by offering high quality childcare services, empowering women while providing a safe and nurturing place for children.

We also focus on healthy eating, and physical wellbeing by offering healthy diverse and balanced meals and making physical activity fun by working in collaboration with Fitness on 25th, providing fun filled physical activity programs.



This past year we served:

46% Multicultural/intercultural families

12% Families on subsidies

25% Indigenous families

6% Children with diverse needs



28% Multicultural/intercultural families

21% Indigenous



Number of families on our waitlist

126 Multicultural/intercultural families

405 Indigenous





Our Time at the YWCA Child Development Centre

Just over a year ago we carried our daughter into the YWCA Child Development Centre for the first time at just 18 months old. A feeling of fear and uncertainty about leaving her for the first time was absolutely terrifying, however we had hope that we had made the right decision, and hope that everything would be okay.

During our year with this amazing team of incredible individuals our hope has turned into reality. From the moment our daughter wakes up in the morning she is excited to go to the YWCA. Everyday we are greeted with a smile and a good morning from the front desk staff, and of course a stamp for my daughter. Walking in each and every single staff member acknowledges us and are beyond welcoming.

Our daughter has grown in so many ways during her time with the Child Development Centre, in fact she took some of her first steps with Sara in the Panda room. The staff has assisted her with potty training, developmental skills and even her vocabulary continues to grow everyday.

We can't begin to express the exponential positive impact the YWCA Child Development Centre has had on our daughter and also us. Shumi and Barb are incredible leaders who not only ensure the day runs smoothly, but also always engage and interact with the kids and greatly assist in the development of our children.

When you look up the definition of hope, it is a feeling of expectation, a desire for something to happen and a feeling of trust. We couldn't have said it better ourselves. Our hope in the beginning of our journey has most definitely turned in to a reality. The YWCA Child Development Centre has exceeded our expectations.

To have hope is to want an outcome that makes your life better in some way. Thank you to Shumi and the team at the YWCA Child Development Centre you without question have made our lives better.

Lisa and Terry Young, PARENTS OF KAMRYN YOUNG

YWCA Annual Report 2022-23

Employment and Learning Centre

For the last 20 years, the YWCA Saskatoon Employment & Learning Centre has been a place for the community to gain employment skills, take part in workshops, and pursue a better future. We assist women and men alike in following their career path and achieving their employment goals—with the ultimate result being more sustainable livelihoods. From hospitality to construction, human resources to education, and so much more, our clients have found work in many fields and started on new paths to resilience, personal development, and a stable lifestyle for themselves and their families.

Job Search Program

"Thanks a ton for the Job Finding Club sessions. You have been the BEST EVER job counsellor I have had after immigrating to Canada. I say this because I am already enrolled in couple of settlement agencies providing employment services, but services received there didn't meet my expectations. YWCA has been an exception in this regard. I also got to attend the Sasktel information session through YWCA, which was great. JFC workshops presented by you has helped me secure my first job in Canada, although a temporary one. I highly appreciate your facilitation style which is very clear, precise and relevant for the current job market. You make the sessions very interactive and engaging."

313 Total Job Search Program Participants

270 SMART action plans created

163 Job Finding Club participants

61 Job Search Workshop participants

7 Employer Information Sessions

Career Moves

Career Moves is a 12-week program aimed at those 55-64 years of age who are interested in entering the job market later in life. In 2022–23, we had 28 participants. To date, 80% of those have completed action plans, resumes, and cover letters.

"I just wanted to thank you and everyone else at Career Moves again for helping me along my career path. Career Moves gave me the confidence I needed to feel comfortable enough to explore many new job options. The six weeks I spent learning at the YWCA was encouraging, strengthening, and educative. This was the first time I had ever experienced zoom and online learning. The in-person classes were informative and a place everyone felt secure and able to share their stories. Since my placement as an education assistant, I discovered that this is the correct place I am meant to be. The last four months have been very rewarding and I look forward to continue with the Greater Saskatoon Catholic Schools. So, a big Thank You to you the Program Coordinator and everyone helping with the Career Moves course. I have highly recommended this course to anyone unemployed or wanting to make a change. I wish I would have done it earlier.."



Women Shifting Gears

Women Shifting Gears is an exciting program designed to empower women and develop their skills to enter the transportation industry.

"This program has improved my understanding and confidence in finding a career within the trucking industry."

"I feel more valuable and employable with my new skills and abilities, and I am confident I can follow my career path."

5 participants completed the course

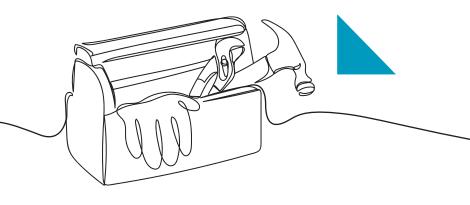
reported being employed in the trucking industry, 2 were hired by their work placement company

of the participants have passed all mandatory SGI Endorsement exams

Trade Journey

Trade Journey is a 16-week program that offers the ability to experience trades, build confidence, and enhance the skills necessary to enter these traditionally male-dominated fields. In 2022–23 we had two cohorts with 30 participants.

We had a participant who participated in Cohort 16 determined to improve her life. She had been addicted to drugs and alcohol. The lowest point was when she was incarcerated. Upon her release she became determined to take a new path. She quit drinking and drugs and started going to church. She was nominated as one of the class Valedictorians, and during her speech she shared how difficult it was. She admitted to wanting to guit many times, there was so much to learn and Math was never one of her favorite subjects in school. She thanked the facilitators and her classmates for all of our help and encouragement. She said she was also happy she had finally finished something she started. The day of her Graduation from the Trade Journey program was her anniversary of being 6 months sober. She is waiting to hear back on some iobs she applied for and we are confident she will be hired soon!



YWCA Annual Report 2022-23

Fitness on 25th Filmess



In 2022-23:

We added **25,000** daily visits from Fitness members.

We had over 1,000 facility rentals, allowing our community to play sports and games, host birthday parties, family reunions, etc. Our best year yet!

We added a **kinesiologist**, **athletic therapist** and **physiotherapist** to our fitness team.

We added a First Aid / CPR instructor to our staff.

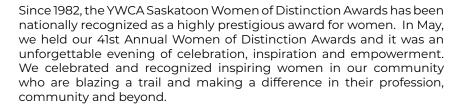
Upgraded our studio to high density foam to better serve our MMA, yoga and dance groups.

Developed multiple partnerships to help provide our community with a

safe space to be physically active.

- Special Olympics Saskatoon
- MS Society
- Saskatoon Rec League
- MMA groups
- Donald Physiotherapy
- Basketball camps
- Family Services
- Navera





We celebrated 34 nominees in 11 categories and a Lifetime Achievement Award recipient for shining bright in the community, challenging societal norms, overcoming obstacles and opening doors for others to follow. With the support of our returning Title Sponsor, Graham Construction, we were able to lift up and support women in our community who are making positive impacts right here in Saskatoon while also raising critical funds to support YWCA Saskatoon's programs and services.











At this year's Women of Distinction Awards we celebrated the founding members of the Shine a Light Forever Circle. Each day, we are inspired to continue serving women, children and their families in the Saskatoon community because of generous people like you. Your planned gift to the YWCA Saskatoon will ensure that we are able to nurture the well-being of women and girls far into the future, THANK YOU.



































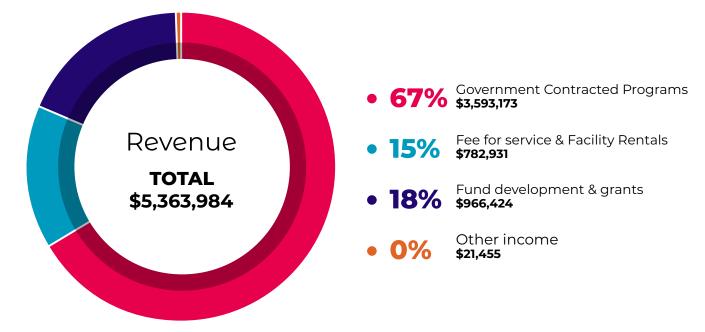






Summarized Financial Results

The YWCA Saskatoon is committed to offering its clients the greatest possible variety and quality of programs and services. This is achieved through efficient operations, conservative administration costs and effective use of core funding and donor support.





- 4% Crisis Shelter & Residence \$2,234,674
- **25%** Employment & Learning **\$1,306,507**
- Child Development Centre \$1,139,676
- Fitness on 25th **\$453,377**

Administration costs as a percentage of total expenses were 13%.

Development costs were 6%.



Donors

\$100+

7shifts Allen Geeraert Allison Hackinen Alvin Kolach Andree Wagner Angela Schmidt Ann Coxworth Arline Sanderson Arne Paus-Jenssen Barbara Macpherson Barbara Von Tigerstrom

Being Brave Club Bessey-Pontikes Family Fund

Betty J. Matchett Bradley Evenson Brenda de Bakker Brenda Korchinski Brenda Lyons **Brenda Weiss Bvron Harvie**

Calvin and Sandra Gordon

Carm Michalenko Carol Ormiston Caroline Joa Cathryn Cozens Chad Gervais Christina Sitkowski Constance Plotzki

Costco Wholesale Canada Ltd.

Craig W. Cutts D'lee Johnson Dana Kripki Darlaine Bentley Darlene Hay

Darrell & Mary Lou Balkwill

Deb Hopkins

Deborah Parker-Loewen

Denise M. Frey Diane Higgins Diane M. Waterer Don & May Bahr Don Reimer Donald Fentie Donna Kolenowski Donna L. Bruce Donna Rederburg Donna Schindel

Donna Wiens Dorothy Sorensen Dorthy P. Sagan

Doug and Arlene Drader

Duncan Bowes E. Joan Bens Edna Kehrig Eileen Dahl Elaine Baptie Elizabeth Ireland Elizabeth Ouinlan Ella Ophir

Erin Land Essence Recruitment

Fay Harris Frances Lapointe Gail Cutts Gale Paske

Genevieve Salamon George Boustani Ginette Duperreault Gordon Barkway Heaven Leigh

Heidi Kerr and Leif Friggstad

Holly Ann Knott, KC lain Luke

Irene Joyes

Jammie T. Townsend

Jan Early Jane McPhee Janet MacFarlane Janice Smithson Janis E. Woodward Jean Pryor

Jeannette A. Ambrose Jeannie Coe Primary Care P.C.

Jennifer Pederson Jessica Buhler Jill Thomson

Jimmy & Jane Retail Corp

Jo Scappaticci Joan MacDonald Joan Stephens Joan Viral Joel Maier Jonathan West Judy McCrosky Kaitlyn Monteiro

Kalowatie Deonandan

Kara Mark

Karen Wormsbecker Kasya Naidu

Kathy Ratzlaff Kelsey McKee

Kenneth Weisgerber

Kim Gaspar Lacev Schultz Laura Chyzowski Lauren Hlady LeeAnne Schmidt Leela Sharma Lenore Schmidt Leona Theis Leone How Lesley Biggs Linda L. Dykes Linda Noble Linda Suveges Lindsev Escott

Lise Chartier Ketilson

M Deneef

Marcel and Alison de la Gorgendiere

Margaret Tosh Margo Couldwell Margot Weiner Maureen Larkin Meghan Johnson Meridith Burles Michele Bossaer Mildred Kerr Miriam Mueller Mulberry's Muriel Harris

Mutt Hutt Groomina Natalie Sharma Newcomers Alumni Nicholas Denesvk Norine Demeria Norma Huston

North Star Trophies, Apparel & Promotional Products

Pat Buglass Patricia Blakley Patricia Cone

Paul and Sharon Benson Plinio Danny Freire Rachel Campbell Rae Vogel

Randy Kutcher Renita Falkenstern Rhonda Gough Richard McCormick

Rilev Baxter

Rita (Henrietta) Harrison Robert Armstrong

Roger Stalwick Rylund Hunter S.Allyce Strudwick Sarah Colwell

Sask Mental Health Training & Supports

Saskatoon Audio Visual

Saskatoon City Family Legail Aid -

City Area Office Shan Landry

Shannon and James Scott

Sharon Fyke Sharon Peterson Sheila Florv Sheilagh Steer

Shirley Anne Henderson

Shirley E. Haskins Shirley Finell Shirley Frie Shirlev Kloeble

St. Peter the Apostle Church

Strike Group Susan Gingell Susan Pederson Sylvia Pusch Tara Koov

Ted and Sharon Cardwell

Terri Woods Terry Leathem The Gonzalez Family Therese Bruyere Thor Kristiansen Veronique C. Loewen Wendy White

William Douglas Maurer William Richards Wolf Willow Cohousing

Yuan Wang

\$500+

Alexis Jamieson Alison Murawsky Anita Zadorozny aodbt architecture + interior design Arla Gustafson Auto Clearing (1982) Ltd Barbara Forsyth Betty Halderman Bev James Blossoms Florals Bob and Rita Mirwald Fund Breanne Chaben

Brian & Donna Dent Brian Hales

Brick Loft Event Co. **Brittany Walter** Cherry Insurance Cheryl Waslen

Cindy Manderscheid

Colby Ard Darlene G. Bessey

Dennis & Patricia Chubb Donna Scott & Family

Dr. Courtney Kennedy Optometry

Professional Corporation Dr. Gordon and Betty Bray

Memorial Fund Flizabeth Clelland Elizabeth Harrison

Elva M. Nixon Eric Dayton

Evelyn Burnett & Dean Jones **Everline Coatings and Services**

Frances Newell Gerry & Lisa Holst Glenda McCormick Gordon and Moira Birney Memorial Fund

Ivan and Kathy Windjack Janis Bassingthwaighte

Helen Baulch

Jocelyn Zurakowski

Johanna Bergerman

Judith Hilton June Morgan Karen Heise Karen Prisciak Karen Waldner Kathleen Watson Kathryn Waygood Kelly & Fern Stockdale Winder Kevin Harbidge

Kirsten Knutson Knights Of Columbus Sheptytsky

Council #4938 Kristen Grenci Laurel Lofgren Leah Howie Lillian Dyck

Linda and Dave Dunkley Maison Design+Build

Marlene Loraas Mary Kelly Naida Kornuta Nedeene Hudema

Prairie Arctic Trades Training Centre Ltd.

Rachael Sutherland Rachel Laverdiere

Randall and Doreen Chapman

Rhonda Stand Roberta Schurman Ron Sekulich Rona Inc. Ronald Boden Sandra Blevins Sarah Buhler

Saskatoon Women's Golf Council SaskEnergy

Sasktel Selma McMahon Sharyle Fowler Sheila Denvsiuk

Sue Sebestyen Susan Fowler Susan Mcconkey Terri Lemke

The Aussant Family— Louis, Jill, Lauren & Julia The Home Depot

The Rock Church Thomas Bradt Trevor Wheler Vee Lynne Pearson

Wayne Pederson Legal Professional Corporation

Weber Financial





\$2500+

Actionwear Saskatoon Inc. Bit Service Company Ltd. **Bob Lidington** Dakota Dunes Community Development Corporation Danielle Stasiuk Photography Gladys Hall Fund Gordon & Peggy Racine Family Fund James Flath and Annette Epp Gifting Fund Jo & Larry Custead Kathleen Crowther Michele and Louis Bossaer Natasha Ford PCL Construction Management Inc. Pricewaterhouse Coopers LLP Rae Vogel & David LeBoutillier Saskatoon Co-operative Association Ltd. Stephanie Hughes Tamara Powder TCU Place Saskatoon



\$5000+

Adam & Jan Baxter-Jones Arlene A. Jorgenson Axiom Equipment Group Barbara & Ron Macpherson Basil & Cheryl Waslen Betty Anne Latrace-Henderson BHP Billiton Canada Inc. Black Fox Farm & Distillery **Bob Racine** Brainsport Athletics Ltd. Cara & Scott Bahr Chyzowski Charitable Foundation Inc. Conexus Credit Union Dalene Newton Darlene Bessey & Ken Pontikes DCG Philanthropic Services Inc. Deloitte LLP Donna Wilson Dr. Anne Neufeld Jean Nahachewsky Jocelyn & Jeff Zurakowski Josh Pion & Marj Talbot Keitha McClocklin Kelly & Bryan McInnes Kinsmen Club of Saskatoon Mary Kay Ash Charitable Foundation Muriel Dickson NexGen Energy Ltd Nutrien Patricia Holst PIC Investment Group Inc. Rachel Loewen Walker Rotary Club of Saskatoon Meewasin Royal LePage Shelter Foundation Saskatchewan Blue Cross Saskatchewan Indian Gaming Authority Inc. Saskatchewan Indian Institute of **Technologies** Saskatoon Community Foundation Tammy Richmond Tanya Llewellyn

University of Saskatchewan

\$20,000+

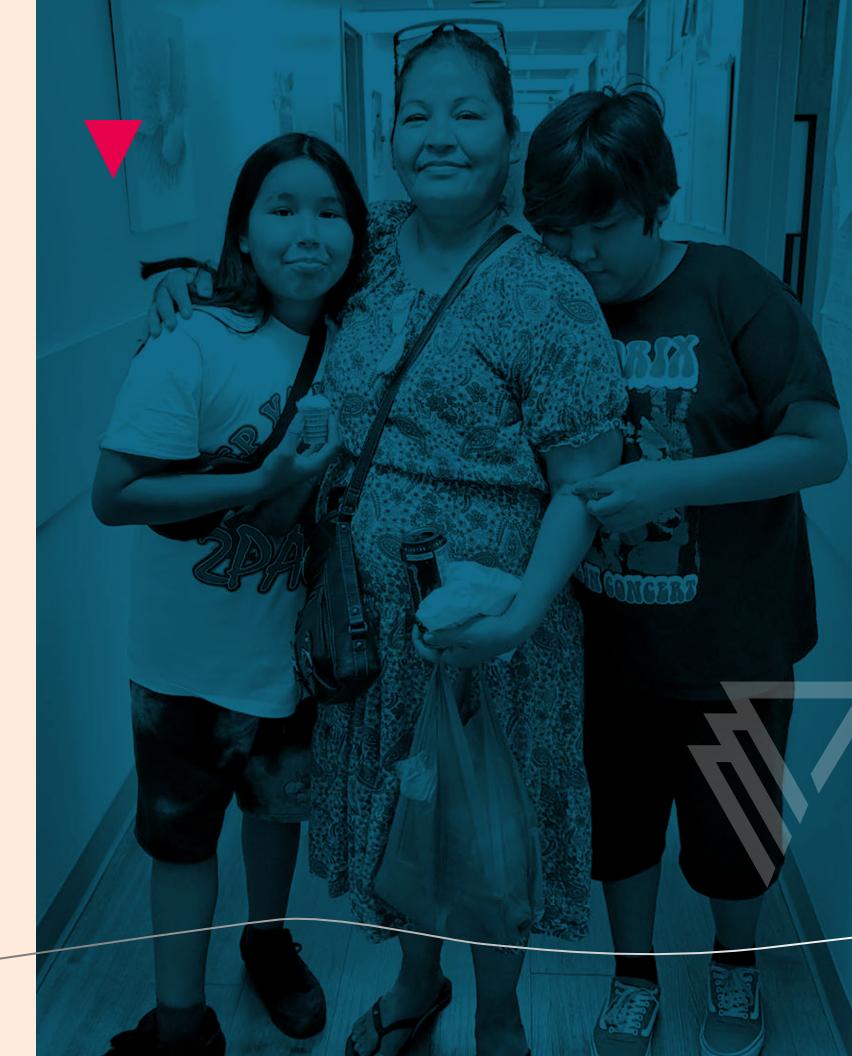
Affinity Credit Union Cameco Corporation Canadian Women's Foundation Carla Loney-Tindall & Joe Tindall CI Assante Spadina Advisors Community Housing Transformation Donna & Donald Bailey Glenda & Tim Harris Graham Management Services LP Kathryn J. Ford, Q.C. Sandra Blevins & Nowell Seaman Saskatoon Housing Initiatives Partnership The Brownlee Family Foundation Inc. The Grandey Family Foundation Inc Triton Transformer Corporation United Way Saskatoon & Area Vern and Clara Welker Fund Women's Shelters Canada YWCA Opportunity Shop

GOVERNMENT CONTRACTS:

Ministry of Education Ministry of Immigration & Career Training Ministry of Justice and Attorney General Ministry of Social Services Saskatchewan Justice Saskatoon Health Region











510 25th Street East Saskatoon SK, S7K 4A7 ywcasaskatoon.com