



Happy New Year from the YWCA

The Spirit of Giving at the YWCA

We are thankful for you! Because of your support, our annual holiday campaign, 'The Spirit of Giving,' was a great success this year.

Many people in our community struggle with being un-housed and lack supports they need for their well-being. Because of your donation, we are able to continue supporting women, youth, and children in Saskatoon as they work to empower themselves and their families by living independently.

Thank you from everyone at the YWCA!



The YWCA Crisis Shelter & Residence

Another year of fostering hope & healing

The YWCA Crisis Shelter & Residence facilities are currently operating at full-capacity. A shelter bed is only empty for as long as it takes to clean the room and set it up for the next woman in need. Last year, we sadly turned away calls from 4231 people due to lack of available shelter space.

The CS&R at the YWCA works hard to continue providing a welcoming home for women and their families in their greatest time of need. We strive to facilitate hope, happiness, and healing everyday for our clients.

Current Shelter Needs List

Monetary donations

Towels

Toiletries

Twin sized sheet sets

Pillows

*Currently, we are not
accepting used items





Fitness in 2023

The New Year brings many positive changes to the world of fitness at the YWCA!

Fitness on 25th is working on new programming for the winter months ahead. Be sure to check out our website for all available classes and programs being held in-person and on-line this winter.

www.ywcasaskatoon.com/fitness-on-25th



Fitness on 25th News



A New Year brings new changes in the Fitness Centre at the YWCA

Our longstanding and fearless Director of Fitness and Facilities, Fred Dyck, left the YWCA Saskatoon and Fitness on 25th for a new adventure in early January 2023. Fred has been part of the YW team for the past 7 years and has made a significant impact on the lives of the staff, clients, and community

during this time. Fred, we thank you for your dedication, your compassion and your cheery smile greeting everyone that comes into the YWCA. We are going to miss you, Fred!

We welcome Rahim Ramji as our new Director of Fitness.



Employment & Learning Centre

Fast track your job search while developing new skills this winter

The New Year is bringing many new exciting opportunities and events in the Employment & Learning Centre at the YWCA Saskatoon.

Our Career Moves 55-64 program will be starting a new cohort on January 23rd to provide job search assistance to experienced workers who are looking for work or hoping to make a career transition.

This month, our Women Shifting Gears participants will be ready to challenge their written A1 Learner's License after completing their SGI Mandatory Entry Level Training.

February brings lots of new opportunities! Our Women Shifting Gears cohort 3 and Trade Journey cohort 16 participants will be doing their work placements and getting ready to start their new careers.

Our free Upstander Education Training is in full swing! This specialized training gives you the education and skills needed to be an active ally to end gender-based violence. To learn more or to book a free presentation, contact Mike, the Upstander Education Coordinator at:

306.986.2880 or by email at mthorson@ywcaskatoon.com

Learn today, be in a better place tomorrow...



New Cohort Coming Soon!



March 2023

Trade Journey Cohort 17 applications will be open in March! Keep an eye out on our social media platforms and our website for the opening day for applications.

Kickstart your career in the trades and get hands-on experience and certification. Don't miss your chance!





EMPLOYER INFORMATION SESSION

ROYAL CANADIAN NAVAL RESERVE

RECRUITING

Ready to Help. Ready to Lead. Ready to Fight
HMCS Unicorn is the Naval Reserve Division in Saskatoon. We offer part time employment as well as military training with an optional domestic/international deployment.
Protect Canada by supporting vessels, maritime coastal defenses and submarines.

JANUARY 18, 2023 2:00 PM

HOW TO REGISTER

To register for this in-person event please contact Monika at mmcdonough@ywcaskatoon.com

Saskatchewan

Employment & Learning Centre | YWCA Saskatoon
510 25th Street East www.ywcaskatoon.com

The Child Development Centre



Music is in the air....

The New Year is an exciting time in the Child Development Centre!

This month, the CDC's music program will be kicking off to encourage our daycare kids to learn to play and appreciate music all while flexing their imaginations!



Upcoming Events at the YWCA



Coldest Night of the Year Back for another year this February!

The Coldest Night of the Year is back Saturday, February 25, 2023. Taking a winter walk in our beautiful city can be enjoyable for some, but for many in our community, the walk to get a warm meal can be deadly without the proper clothing and resources.

The Coldest Night of the Year is a fundraising walk that raises money for those in our community who are experiencing being unhoused. Some of them are hungry, more than a few hurting and regrettably, some who are homeless too. Adults, moms and kids, seniors and youth as well.





Saskatoon currently has reported 550+ people who are living un-housed in our city.

This number only reflects documented cases, and does not take into consideration the population of the hidden-homeless. Oftentimes, the hidden homeless percentage includes high numbers of women as they are less likely to access supports. This can be due to fear, geographical location to services, stigma, gender, age, and more.

In Saskatoon, 53% of people who are un-housed are experiencing chronic homelessness.

This means many are without access to adequate housing. This is even more difficult during the winter months.

Now is the time to join the YWCA as we gather our friends and family together and fundraise for an amazing cause! All funds raised will go directly back to the services, facilities and programming offered at the YWCA Saskatoon.

For more information on how to get involved and put together a team for this year's event, visit our website!

www.ywcasaskatoon.com/coldest-night-of-the-year-2023





Upcoming Events at the YWCA



Women of Distinction Awards

Nominations are now open!

The prestigious Graham Women of Distinction Awards are back in May for another year of celebrating female accomplishments in our city.

Do you know a woman in our community who is empowering others, leading industries, researching revolutionary technology, or breaking glass ceilings every day? We want to hear about them!

Nominations are currently open!

Visit our website at:

www.ywcasaskatoon.com/about/women-of-distinction to learn more and **nominate someone today!**

The Women of Distinction Awards have honoured hundreds of women for their inspirational leadership & extraordinary contributions to our community.

Applications for nominations are open until February 17, 2023.





Upcoming Events at the YWCA



Donor Tea Event

We would like to thank the supporters of the YWCA

Now that the Covid-19 restrictions are slowly lifting, we would like open our doors and say hello supporters and donors at an in-person come and go tea.

Please join us on Thursday, January 26th from 2:00 p.m. to 3:00 p.m. at the YWCA Saskatoon. A message from our CEO will take place at 2:30 p.m. Warm beverages will be provided.

The good work that is done at the YWCA Saskatoon is made possible by the many organizations, donors, and people that continue to support the YWCA.

Join us as we say thank-you for all that you do!



Stay Connected with the YWCA Saskatoon

Stay up to date on all the latest news, events and projects happening at the YWCA Saskatoon!

Follow us on social media and at our website www.ywcasaskatoon.com

   /ywca_saskatoon