2012-2013 ANNUAL REPORT

A TURNING POINT FOR WOMEN

















MESSAGE FROM THE President & Executive director



GIVING HOPE WHEN IT IS NEEDED MOST.

Every day, YWCA Saskatoon continues to meet the needs of women and their families, who are

facing turning points in their lives. We are here to offer hope and possibility to many who are desperate and don't know where to turn.

In late 2012 we commissioned an external evaluation of the YWCA Turning Points program, a one-year transitional housing program for single women.

This evaluation confirmed what we already know: YWCA Saskatoon provides supports that have a lasting impact on women's lives.

"That's what this place is—a way to turn your life over," said one woman who accessed the Turning Points program. "It gives the opportunity to decide which way you want your life to go. When I left, I had all the tools I needed to carry on."

We are committed to expanding our preventative programs while continuing to provide critical supports for our clients facing immediate crisis. Whether giving employment supports, a warm bed or a safe place to care for children, we are working to show our clients the windows of opportunity that are available to them. If they decide to climb through one of those open windows, we will walk beside them as they gain new skills and strength, enabling them to live the lives they wish for themselves and their families.

But we do not do this alone. The transformations that YWCA Saskatoon witnesses happen because of what we can do with the support and collaboration of many organizations and individuals. We depend on the broad foundation of support that enables us to move forward. We are grateful for every individual and group who has helped YWCA Saskatoon meet the needs of women and their families at turning points in their lives.

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Barb Macpherson Executive Director

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Shumi Zaman Manager, Child Development Centre

WORKING TO ELIMINATE POVERTY, Homelessness and violence For Women and Their Families

GIVING HOPE WHEN IT IS NEEDED MOST.

YWCA Saskatoon helps thousands of women, youth, children and families every year. At a time of crisis, these women and children have a safe place to assist them, and our doors are always open.

Our programs rely on many partners, including government, the United Way of Saskatoon & Area, community foundations, service groups, corporations and individual donors. More than the government contracts for specific services, we provide a spectrum of services, critical to meet the ever-growing needs of women and children in Saskatoon.

With your support, we are giving help and hope to combat poverty, homelessness and violence right here in our community.

THANK YOU FOR YOUR ONGOING SUPPORT.





EMPLOYMENT & LEARNING

Committed to helping women and men pursue their employment goals.

LORETTA'S STORY

I came to see a counsellor at the Employment & Learning Centre with about two and a half months left of my maternity leave. I was faced with a big decision career-wise.

As a single parent, I could not go back to my old job of eight years, and still raise my son, since my old job was all night shifts.

While I was a client at the Employment & Learning Centre, the manager offered me a casual position for a few weeks that would allow me to gain more office experience, and a month's grace from Social Services applications. I have worked at the YWCA ever since, as receptionist and computer lab clerk.

My son is now just over six years old, with a mom he can see every day and night, and for five years he came to the Child Development Centre downstairs, when I came to work every day. Now he has started Grade One, and thus starts a new chapter in our lives. I thank God and the YWCA for giving me the opportunity to work here, so that I can help even one person the way I was helped.





CRISIS Shelter and Residence

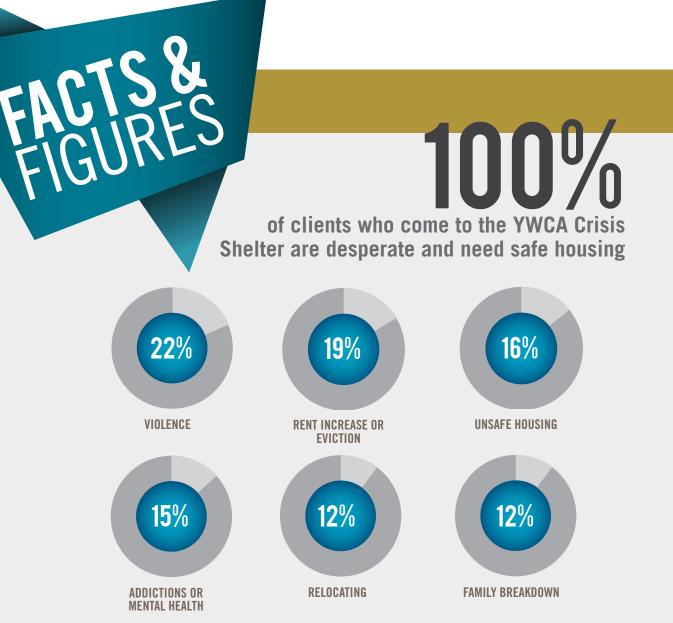
More Than a Safe Place

YWCA housing options provide comprehensive services for emergent, transitional and long-term needs of women, youth and children. The YWCA Crisis Shelter is one of the largest and most comprehensive shelters in the province housing approximately 1,000 women and children annually. Add to that the longterm supported youth housing and one-year supported living for single women and the breadth of YWCA Saskatoon's continuum of housing becomes apparent.

YWCA's Crisis Shelter & Residence meets critical needs and is much more than just a safe place for the women, youth and children who come through our doors.

We provide 24 hour counselling and security for emergency situations; case planning, goal setting and individual supports for longer-term solutions. We believe in a holistic, integrated approach that includes employment services, health and wellness programs and childcare services, and close partnerships and collaboration with a variety of community agencies.

Our clients include victims of domestic, community or family violence; women facing issues of safety, addictions, or mental health; youth In need of stable housing and supports; and homeless, transient or displaced women and their children.



Reasons for accessing the shelter are self-identified by clients on arrival.



5,183 CALLS RECEIVED



women and children were housed in the Crisis Shelter The average stay in the Crisis Shelter

DAYS

BUT THERE WAS NO ROOM

REDUCTIVE HOUSING

580 women

135 school-age children **247** preschool children

19

youth

İİİ A A A A A A A A A A A A A A A A ISWOMEN transitioned from the Crisis Shelter housing to the YWCA Turning Points program



CHILD DEVELOPMENT CENTRE

Giving children an environment to explore and experience the joy of childhood. "My son is growing and learning new things every day. He is changing and growing as a person—this is what I had hoped and wanted for him."

"It's difficult having to leave my child each day in someone else's hands so that I can go to work. It seems contrary to my every instinct as a mother. It is, however, a necessity. The group leaders make me feel confident and secure that my son is in caring and capable hands when I can't be with him. This alone is an invaluable gift."

Submitted by parents

Cindy's Garden was created in memory of Cindy Copeland, one of our former staff who was passionate about gardening with the children, and had a vision to create a larger garden one day. The Cindy's Garden fund is supported by donors who share her passion, to develop the Child Development Centre's beautiful garden area and play yard. Special thanks to our donors who have planted this magical green space.



FITNESS ON 25TH Committed to building a healthy

mind, body and spirit.

"After ongoing disability, I came to the MS weight training group that meets twice a week. The biggest thing exercise did for me was to show me that MS is not a slippery downward slope, and that more ability can be recovered with weight training. The trainer was a font of specialized knowledge...and the group offered me encouragement, support and humour."

"The Aquasize program had the additional benefit of keeping (me) cool while exercising, because overheating can cause recurrence of MS symptoms. Balance was less of an issue in the water, because of the added buoyancy. It was easier to work joints in the water. If I fell, it didn't hurt to get dunked in the water. Now that I am in remission I am able to work part time, care for my family and enjoy life in the community."

"I am grateful to the MS Society for providing opportunities to help me manage my MS and live a better quality of life. In partnership with the YWCA, they offered programs for people with MS, to restore and maintain their health through high quality instruction in a fun and friendly environment."

Submitted by our fitness members



THE 32ND ANNUAL YWCA WOMEN OF DISTINCTION AWARDS DINNER

The May 2013 YWCA Women of Distinction Awards Dinner was an opportunity to honour 34 exemplary leaders for their commitment and contributions to enriching our community. Over \$151,000 was raised for YWCA Saskatoon services.

As always, the event's success was powered by the tremendous women who are nominated and awarded each year; the generous sponsors, donors and ticket buyers; and a group of talented volunteers.

THE 2013 WOMEN OF DISTINCTION AWARD RECIPIENTS WERE:

Arts, Culture & Heritage Award - Karin Melberg Schwier Athletics Award - Tammy Fleming Community Building Award - Fran Forsberg Education Award - Arlene Shiplett Entrepreneurship Award - Christin Butcher Health & Wellness Award - Johanna Bergerman Leadership & Management Award - Patricia Prowse Science, Technology or Research - Lesley Anne McGilp Youth Award - Zondra Roy Lifetime Achievement Award - Margaret Tosh

PRESENTING SPONSOR PotashCorp

PLATINUM AWARD SPONSORS

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FRIENDS 77 Signs Blossoms Eagle Feather News Handy Special Events Harden & Huyse Chocolates North Star Trophies Saskatchewan Lotteries Saskatoon Fastprint Sheraton Cavalier

TCU Place

YWCA SOCIAL GOOD EVENTS Social Good MAKE A DIFFERENCE



In 2012-2013, YWCA Social Good fundraising events raised over \$50,000 for women and children who use YWCA services.

Magic 98.3's Christmas 365 initiative and the YWCA Adopt-a-room campaign promoted holiday giving of cash gifts, store gift cards, new gifts and personal items—collected for families staying in the Crisis Shelter & Residence—and the Saskatoon community responded with generosity. Businesses collecting gifts included The Travelodge Hotel, Saskatoon Machine Works and Interstate All Battery Centre. Because of this strong support, the holiday season at the Crisis Shelter & Residence brought joy and a feeling of bounty for the families staying there.

In partnership with Cameco, YWCA Social Good moved into the Broadway Business Improvement District in February 2013. The month-long event raised awareness—and funds—for the critical community services delivered by the YWCA. Participating merchants on Broadway Avenue organized in-store promotional events with their own unique flair. Canadian singer-songwriter Sarah Slean performed for a full house at the Broadway Theatre, for a YWCA benefit concert sponsored by Uksi Winter Skirts.

Throughout the year, many supporters of the YWCA held small fundraising parties in their homes and businesses, including private Christmas functions, school fundraisers, a spring training boot camp, and a musical variety show.

SUMMARIZED FINANCIAL RESULTS

YWCA Saskatoon is committed to offering its clients the greatest possible variety and quality of programs and services. This is achieved through efficient operations, conservative administration costs and effective use of core funding and donor support.

REVENUE



Administration costs as a percentage of total expenses were 12%. Development costs were 4%.

GOVERNMENT CONTRACTS

Saskatchewan Housing Corporation Saskatchewan Ministry of the Economy Saskatchewan Ministry of Education Saskatchewan Ministry of Justice Saskatchewan Ministry of Social Services

GRANTS

BHP Billiton Canadian Women's Foundation Canadian Breast Cancer Foundation Prairies/NWT City of Saskatoon Green Shield Canada Human Resources and Skills Development Canada Saskatchewan Indian Gaming Authority Saskatchewan Liquor and Gaming Authority Saskatoon Community Foundation Saskatoon Health Region United Way of Saskatoon & Area

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THANK YOU FOR YOUR ONGOING SUPPORT.













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