



# TRIAL MEMBERSHIP APPLICATION FORM

Date Trial Membership begins: \_\_\_\_\_ Ends: \_\_\_\_\_

Trial Membership Type: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Email: \_\_\_\_\_ Birthdate (yr/mo/day): \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_

Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Primary Phone No.: \_\_\_\_\_

Government Issued ID (verified by CSA):  Secondary Phone No.: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Please check one:** YWCA Saskatoon respects your privacy and protects your personal information. You may withdraw consent at any time.

- I wish to receive information about news, events, programs and opportunities to support the YWCA Saskatoon.
- I do not wish to receive information from the YWCA Saskatoon.

**We do want to know what your trial membership experience was like. After the trial membership period is completed, we will email you a short satisfaction survey to complete. Prize draw from all who complete the survey each month.**

- Yes, please send me the trial membership survey by email.
- No, I will complete the trial membership survey form while I visit the facility.

The Trial Membership Satisfaction Survey is located at this address:

**Release of Liability:** I release YWCA Saskatoon along with it employees, agents, successors and assigns from the claims of liability for (including, but not limited to):

- Personal injury or death
- Loss of, damage to, or theft of personal property
- Occupier’s liability
- Negligence whether or not such claim was caused by any act, omission or negligence of YWCA Saskatoon, its employees or agents, or by any other person
- Any other claims arising from my use of YWCA Saskatoon facilities or my participation in the YWCA Saskatoon activities and programs.

**I HAVE READ AND UNDERSTOOD THE INFORMATION SET FORTH IN THE RELEASE OF LIABILITY**

Date: \_\_\_\_\_

Sales Associate Name:

\_\_\_\_\_

Participant signature \_\_\_\_\_

**RULES AND REGULATIONS** : Fitness on 25th reserves the right to cancel your membership in the event of a breach of the rules and regulations.

1. The term lengths of **ALL CONTRACTS MUST EITHER BE COMPLETED OR PAID OUT IN FULL.**
2. All fitness memberships are **NON-REFUNDABLE.**
3. **AGE:** Participants must be at least 12 years old. Participants between 12 – 16 must be accompanied by a parent/guardian or complete a weight room orientation (by appointment).
4. YWCA Saskatoon's Fitness on 25<sup>th</sup> reserves the right to refuse membership.
5. Fitness memberships are effective on the date of purchase. Memberships will not be extended, nor will the holder be compensated, if membership are not used.
6. We reserve the right to cancel or change programs or close all or part of the facility for maintenance and/or special bookings. Fitness on 25<sup>th</sup> memberships will not be extended nor will the holder be compensated for these cancellations, changes or closures.
7. You must scan your membership card to access the facility. A replacement card can be obtained for a fee.
8. YWCA Saskatoon's Fitness on 25th is not responsible for property left in lockers on the premises.
9. Our Fitness on 25th team encourages you to proactively participate by adhering to our Facility Etiquette.

**YWCA FITNESS ON 25TH ETIQUETTE POLICIES INCLUDE:**

- YWCA is a fragrance free zone. Fragrances can cause serious allergic reactions.
- YWCA is a Peanut Free zone.

**Locker Room and Pool Area**

- All members and patrons must shower prior to entering the swimming pool.
- Dry off before leaving the shower area to avoid slipping and falling.
- Remember to always lock possessions in your locker.

**Weight Room Etiquette:**

- Clean indoor, closed toe shoes must be worn at all times. Hiking boots, sandals, or flip-flops are not appropriate.
- Shirts are required at all times. T-shirts, sweatshirts or sleeveless shirts are acceptable. Open back muscle shirts, ripped clothing and jeans are not permitted.
- All attire must be clean and free of offensive or strong perfume odor.
- Please wipe down equipment after use.
- No food or drinks allowed in the weight room. Sealed water bottles are allowed.
- Return equipment to its proper place after using it.
- Work out safely. Use collars, spotters, and ask fitness staff if you are unsure of how to perform any exercise.
- Do not drop or bang weights.
- Allow others to work on machines and free weights while you rest.