

SPRING AND SUMMER SWIM LESSONS



Spring Lessons: call 244 0944 ext 100 to register today.

Red Cross Swim Preschool

30 minute lessons—\$78

Sea Otter/Salamander (3-5 years)

Saturday 9:45-10:15am
 Sunday 11:30-12:00pm
 Sunday 12:50-1:20pm

Salamander/Sunfish (3-5 years)

Saturday 10:35-11:05am
 Sunday 1:35-2:05pm

Crocodile/Whale (3-5 years)

Sunday 12:15-12:45pm

Red Cross Swim Kids

Levels 1-4

40 minute lessons—\$83

Levels 5-10

45 minute lessons—\$88

Level 1 & 2

Saturday 10:30-11:10am
 Sunday 11:30-12:10pm
 Sunday 12:50-1:30pm

Level 3 & 4

Saturday 9:45-10:25am
 Sunday 12:05-12:45pm

Level 5 & 6

Saturday 9:45-10:30am
 Sunday 1:25-2:10pm

Level 7 & 8

Saturday 10:20-11:05am

Adult Lessons

40 minute lessons—\$88

Aqua Adult Level 1 – Basics

Monday 7:30-8:10pm

Aqua Adult Level 2 – Strokes

Thursday 7:30-8:10pm

Spring programming begins the week of April 4th and runs for 10 weeks (no lessons May 20-25th).

Summer Lessons: now offering one-week lessons!

	Sea Otter/ Salamander 9:00-9:30am and 1:45-2:15pm \$78	Sunfish/ Crocodile/Whale 10:35-11:05am and 3:20-3:50pm \$78	Level 1 & 2 40 minute lessons 9:35-10:15am and 2:20-3:00pm \$83	Level 3 & 4 40 minute lessons 9:00-9:40am and 1:45-2:25pm \$83	Level 5 & 6 10:20-11:05am and 3:05-3:50pm \$88	Level 7 & 8 9:45-10:30am and 2:30-3:15pm \$88	Level 9 & 10 9:45-10:30am and 2:30-3:15pm \$88
July 4-8	✓	✓	✓	✓	✓	✓	
July 11-15	✓	✓	✓	✓	✓		✓
July 18-22	✓	✓	✓	✓	✓	✓	
July 25-29	✓	✓	✓	✓	✓		✓
August 2-5	✓	✓	✓	✓	✓	✓	
August 8-12	✓	✓	✓	✓	✓		✓
August 15-19	✓	✓	✓	✓	✓	✓	

* Reduced fees during short weeks. No lessons August 1st. All prices subject to GST.



FITNESS ON 25TH
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 WWW.FITNESSON25TH.COM

