



*Warmest
Thanks*

FOR SUPPORTING MY SMALL BUSINESS



YWCA
SASKATOON

Employment &
Learning Centre

Courageous Cohort 1



Successful Aging YXE

Rose Marie Laird Counselling

Against the Grain, Furniture + Home

Jamaica Food Basket

Curious Cohort 2



Lotus Revival Yoga Studio

3B Cleaning Service

Masear - Gough

Creative Cohort 3



La Maison D'Élégance
Spotless Spaces
Infinite Métis

Caring Cohort 4



Prairie Shift Relocation & Cleaning
Inner Energy Yoga
Prairied Treasures
Jojos Homemade
WellBelly Colonics
Prairie Spinal Flow Clinic
Resilient Roots Inc.

Compassionate Cohort 5



Karmen Currie Holistic Wellness
Transform Your Pain - Pain Management
Smitten + Fir Candle Co.
Winney's Cottage

Combinative Cohort 6



3 C's Catering
Frame and Form
Introera Solutions
WebbSprout Learning Programs
Little Crow Resolutions
Krawetz Massage & Esthetics
Journey-Within Counselling Consulting
Resilient Roots

Captivating Cohort 7



Prints4Keeps
Radiant Core Solutions
Fiona Fick Coaching
Clutter Butler
Sunday Sparks Clothing Co.
Trim-It Shrubs Hedges & Edges

Testimonials

“Janis and Janet were absolutely incredible! They both provided a safe space online for us to learn, grown, share, reflect, at times cry with how difficult a business can be. They were encouraging, empowering, and understanding. They made me feel inspired in my business idea, that it is worth the energy and effort and that I have the abilities to run a successful business. Their emails were always professional and understanding. I also felt they genuinely cared about my individual business. I appreciate all of their time, effort, and countless hours poured in to the creation and completion of my Business Plan. I can't express enough how amazing these two women are. There is no way I would have completed this program with anyone else.”

Testimonials

“Thank you for this unparalleled support for entrepreneurs. Top quality education and community. Amazing.”

“The experience was great and helped me get to the finish line of this phase in my scale up.”

“I’m extremely grateful this program crossed my path and I am so much more confident moving forward now! I really was stuck before this program, so can honestly say it is going to change my life in a very positive, lucrative, professional way!!”

Testimonials

“I want to thank you for this program initiative, for the opportunity to participate in this program and for supporting my business.

I am very grateful.”

“It helped me do the things I thought I could not do. I hope that another program even better will take its place so I can refer others some day.”

“I feel more confident in my ability to scale up my business! To get my dreams out of my head, and make them reality.”

Testimonials

“Going through the coaching process with Janis was one of the most transformative & useful experiences of my life. Her patience & support through the process injected just the right amount of advice & perspective to keep me going when things became overwhelming or confusing. I never felt rushed and always felt heard, even when what I was saying was taking my focus away from where it should have been, Janis has a gift in her ability to redirect and reframe things so that the steps that lead nowhere never feel wasted, but are captured as opportunities to learn more. Janis is everything a coach and mentor should be and I feel privileged to have had the opportunity to work with her.”

Testimonials

“Janis was amazing and created a welcoming environment for all of us!”

*“This is a great program and probably the most important thing
I’ve done to move my business forward.*

Thank you SO MUCH for allowing me to participate.”

“I totally enjoyed the program and learnt a lot.

Thanks to Janis and Janet for the great work.”

Testimonials

“I wish it would continue. I know of at least 3 people who could benefit and would join in a heartbeat.”

“Janis is such a knowledgeable coach and business mentor that she was able to capture what was being said and glean out area that need help or further explanation.”

“The whole experience was invaluable, what a great support to women in business, it should be a program that is continually offered to women in start up or scale up.”

Testimonials

“As a newcomer, I do not have an extensive network. I am deeply grateful to Joanne (Fogarty). Joanne is my light house. Without Joanne's direction and guide, I would not have had the chance to step into the YWCA classroom. I am also immensely thankful to Janet. Janet is my ray of sunshine. Whenever I need her, Janet always shows up in time to give me encouragement and confidence. Without Janet's help, I would not have confidence in myself. I am very grateful to my teacher, Janis, Janis taught us a lot of local business experience and gave us the opportunity to become women entrepreneurs. When I succeed, I will give back to the society, YWCA and WESK.”

Testimonials

“The flow of the program was excellent. Each piece built on the next. Examples were very real and relevant, everyone was included. Janis and Janet have such a wealth of knowledge that really accelerates the learning.”

“The 1-1 business coaching was incredibly valuable in helping me realign and refocus my business. It provided clarity on how to better align my goals, which was essential for refining my strategy. The personalized approach allowed me to tackle specific challenges and identify actionable steps; I am more confident in my direction and equipped with the tools needed to achieve my objectives.”

Testimonials

“What I like most about the PowerUP program is the comprehensive approach to business development. The program covers business planning, marketing, sales, operations, and finance in a well-structured approach.”

“I have gained the strength and confidence in myself from this program. I could not have done it without these women teaching these skills.”

Testimonials

“Janis’s coaching was by far the most valuable thing I got from this program. I don’t think we had a single session that didn’t inspire me to do more or figure out a problem. Her ability to see through to the core issues in so many areas of this whole process made her a superior mentor. Along with the design of the program that built upon a strong foundation and had a logical progression that made the template & process much less intimidating.”

Testimonials

"I want to thank everyone involved for this program. I am grateful for it, and the support it provides. Especially as a mom of 2, recently separated, and needing a change in careers - it has provided new hope, and opportunity. Janis and Janet are excellent, and a huge support - that goes beyond business. The compassion and knowledge they carry with them is something that has helped me more than they can imagine. Giving hope and opportunity to women in a world that can seem bleak at times is so difficult, and yet, they did that for me! and I imagine many others!"



Certificate of Recognition

This certificate recognizes that

YWCA SASKATOON INC.

has hereby signed the Saskatchewan Women
Entrepreneurship Charter.

July 2, 2024

Date



Miriam Johnson
Chief Executive Officer,
WESK