



Where Hope Lives, Healing Begins!

At YWCA Saskatoon, our support, programs, and services take hope and transform it into healing, fostering stability, positive change, and ultimately, healthier communities.

This holiday season, give the gift of hope and help us start the journey of healing.



This holiday season, help us go the distance.

Hope is where healing begins!

Building our new transitional housing extension was a transformational first step towards helping more women and families make lasting change in their lives.

The support, programming and services provided within are what takes that hope and turns it into healing - fostering stability, positive change and in turn, healthier communities.

Hope is the seed of change. Like any seed, once planted, it requires consistent care, nurturing and support to thrive and grow to its full potential.

Together, through **Hope Lives Here**, we've planted a garden of hope - now it's time to water it.



A message from CEO *Cara Bahr*

The holidays provide a unique moment of transition and reflection - an "in-between", where we can sit in gratitude for what has passed, while looking forward to the future. This could not be more true for all of us here at YWCA Saskatoon as we look back on a truly transformative year and look forward to the meaningful change we know lies ahead.

This past year thanks to the generosity of our donors and dedication of our team, we raised an incredible \$19 million for our largest capital campaign ever - Hope Lives Here. If you've paid us a visit, you will have seen with your own eyes what hope looks like, as our new transitional housing wing came to life from the ground up. With 35 new units, 75 beds, a cultural space that will include Indigenous-led healing and traditional medicine, and trauma-informed support, this beautiful space will save and change lives in our city.

We know a safe, secure place to stay is a vital first step in building a sustainable future, but it is not the last step.

That's where our programs and services come in, providing the healing, support and education needed to turn hope into stable and healthy individuals, families and communities.

Your ongoing support is absolutely vital to the work we do and the lives that are changed because of it. From the bottom of my heart, thank you. Positive change multiplies and thanks to your generosity our communities are stronger.

Hope Lives Here was the beginning of something much bigger than all of us. As we look forward to 2025, we think of the women and children who have yet to walk through our doors. The women and children waiting for a chance at hope, healing and peace. No matter the season, they remain forever and always our reason.

Warmest wishes and much gratitude,



Cara Bahr
CEO, YWCA Saskatoon



Every month, YWCA Saskatoon is forced to turn away more than 400 women, children and families.

The new transitional housing wing will allow us to double our capacity to include:

35 new units + **75** new beds + **New self-contained units allowing women and their children to stay together.**

Your continued generosity will further support:

- ➡ **Programming in our cultural space including Indigenous-led healing and traditional medicine.**
- ➡ **Staff training on trauma-informed practices & harm reduction.**
- ➡ **Skill-building programs on budgeting, cooking, parenting & more.**

Now more than ever, we need support to start the journey of healing!



Igniting imagination, fostering inclusion.

Safe, affordable, and accessible childcare is a cornerstone of any thriving community.

With over **500 families** on the waitlist, the YWCA Saskatoon Child Development Centre is our most in-demand services, and essential in supporting families and providing children with the foundation they need to grow and succeed.

Your donations to YWCA Saskatoon will help in inclusive child development through:

- Safe and nurturing environment
- Nutritious meals
- Playtime
- Music programs
- Field trips

**Invest in hope. Invest in kids.
Invest in community.**





P.K.'s Story

Originally from Nepal, P.K. has extensive experience as a tea salesman and is an expert in customer service. Back home, he volunteered his time to teach customer service skills to others, showcasing his dedication to helping others succeed.

When he first came to the Employment & Learning Centre, he was uncertain about his career path. However, with support in crafting his resume and cover letter, participating in the Job Finding Club, and utilizing driver training resources, P.K. successfully secured employment as a salesperson.

You can help someone like P.K. take the next step toward a brighter future. Consider donating today to support our programs and make a difference in someone's life.

*"It was one of the most awesome sessions that I have had in my entire professional life. You were so positive that it gave "a demotivated" me **hope** that I may end up having a great career soon. Talking to you was extremely easy, and I could share my professional strengths and weaknesses with you like I would to a family member."*

P.K. - Employment & Learning Centre Participant

A space for everyone to thrive.

13,000 sq. ft
of inclusive, welcoming workout space.

Fitness on 25th is a gym for everybody—welcoming all ages, abilities, and backgrounds. Our services are available to everyone in the community, including our shelter residents.

When you give to YWCA Saskatoon you help fund Fitness on 25th's mandate through:

- ➡ **Affordable membership that helps fund wraparound services.**
- ➡ **Supporting programs that promote physical and mental well-being.**
- ➡ **Creating a safe, inclusive space for community members to build strength and confidence.**
- ➡ **Personal training, yoga and fitness classes.**

Build strength. Build hope.
Build community.



From hope to healing.

Hope is the first step on the journey to healing.
Without it, change feels impossible.
But, it is really just the beginning.

Keeping hope alive happens through seeing and feeling
the impact and change from facing difficult
circumstances, overcoming challenges and working every
day towards a better future.

Hope grows and healing multiplies.
It does not stop at one life changed.

**When you give to YWCA Saskatoon you help us
transform hope into changing lives and building
healthier communities for generations to come.**

Where hope lives, healing begins.
We're in this for the long haul.
This holiday season, help us go the distance.

DONATE TODAY:
ywcaskatoon.com/support/donate

